

**Year B # 288**  
**Spirit, Soul, Body**  
**RSA - 028**

*Hello! This is Dorothy -*

I would like you to turn in your Bible today, please, to **1 Thessalonians, chapter 5**. I am going to read from **verse 23 — And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ**. When we are created in the image of God, we have all three dimensions. The spirit, the soul, and the body. The *spirit* makes us God-conscious; the *soul* makes us self-conscious; and the *body* makes us world-conscious. That means we feel and know and are aware of one another. Some of us can only notice what has happened with the other in terms of what they are wearing, or if they have put on weight, or they are not very happy, but we do not understand anything from the spiritual realm.

We are told in **Romans 8:14** that it is through these three dimensions the Lord Jesus Christ uses these instruments. **For as many as are led by the Spirit of God, they are the sons of God**. And ***as many as . . . are the sons of God***, are made possible only because we have received the Spirit. The Holy Spirit, co-equal with God and co-equal with Jesus, is absolute One in the Trinity, and He has promised to guide us. We are guided by His Spirit as we make ourselves available

to the heavenly Father's plan. What actually happens is that that plan was executed by our Lord Jesus that the Holy Spirit's power and revelation of Christ might be made available that I am to be His very indwelling to accomplish those things, which He planned before the foundation of the world, to do through me.

Now as I read **1 Thessalonians 5, verse 23**, I am aware that most of us live our lives upside-down! Instead of being spirit, soul, and body, we are more conscious of being body, soul, and spirit. In fact, most of us do not understand where the Spirit is - through us. God is also three in one - the Trinity: God the Father, God the Son, God the Holy Spirit. But how do I relate to God? I relate when, in this order according to Scripture, I am in communion with Him. - spirit with Spirit.

It tells us in **John 4:24 — God is Spirit: and they that worship him must worship him in spirit and in truth.** Therefore, it should be spirit, soul, and body in my life to have me on track in my relationship and communion with the Lord. We use the word *worship* a lot these days. Some people think it is making a lot of noise and shouting. Other people think it is being very quiet and very reverent. We go through all these ideas of what *worship* is all about. It is simply my spirit linked to His Spirit, where we can adore and worship Him for what He has done and who He is.

I want it to be in this little verse in **1 Thessalonias 5:23** might be said of us today. For it says - **And the very God of peace sanctify you - set you apart - wholly; and I pray God your whole spirit and soul and body - in that order - be preserved blameless unto the coming of the Lord Jesus Christ.** If you are alive in Christ, then you are spiritually alive. Let it be first Him, and let your worship be spirit with Spirit in communion with the Lord. May it be that the soul and body be preserved as you see that your life is in Him for His glory alone.

Do be blessed in Him today. Do take time to let Him know that you love Him and you adore Him for the work that He has done on our behalf, on the Cross, and the work He is doing through us by His Spirit. Be sure to talk to Him in your heart. Take your Word and start walking with Him in the Spirit today.

*For the glory of the Lord Jesus Christ. Amen.*